



# Loughborough Judo Club Disclaimer Form

Participation Agreement and Consent

## Participant Information

Participant's Name: \_\_\_\_\_

Date of Birth (if under 18): \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

*(if participant is under 18)*

Role: **Participant / Parent / Volunteer / Coach**

*(Circle all relevant)*

Any known health issues that may affect your/your child's ability to participate in judo

## Safeguarding Policy

Loughborough Judo Club is committed to ensuring the safety and well-being of all its members. Our safeguarding policy, overseen by our Safeguarding Officer, Alasdair Walker, is designed to protect children and vulnerable adults.

By signing this form, I confirm I have read the policy and will report any concerns to the Safeguarding Officer.



## Code of Conduct for Judo participants

Judo, like many martial arts, follows a code of conduct or etiquette that players are expected to adhere to. This code of conduct is not only about respect for others but also about developing personal character and self-discipline. Here are some key elements of the Judo Code of Conduct for players:

- **Respect (Rei):** Show respect to instructors, opponents, and teammates through actions like bowing before and after matches.
- **Politeness:** Be courteous and use appropriate titles when addressing instructors and senior practitioners.
- **Cleanliness:** Keep yourself and your uniform (judogi) clean and in good condition.
- **Punctuality:** Arrive on time for training sessions, matches, and events.
- **Honesty and Integrity:** Be honest and show integrity both on and off the mat.
- **Modesty:** Be modest in victory and gracious in defeat.
- **Self-Control:** Maintain emotional control, even when frustrated.
- **Continuous Improvement:** Always seek self-improvement and assist others in doing the same.
- **Safety:** Prioritize the safety of yourself and your training partners.
- **Non-discrimination:** Do not discriminate based on race, gender, religion, or any other factors.
- **Dojo Rules:** Follow the specific rules of your dojo.
- **National and International Rules:** Adhere to the rules set by your national judo federation and the International Judo Federation (IJF).

These principles of conduct are not only essential for creating a respectful and harmonious training environment but also for promoting the deeper philosophical aspects of judo, such as personal growth and character development. Judo practitioners are expected to embrace and embody these principles both on and off the mat.

By signing this form you agree that you (if over 18), or your child (if they are under 18) will adhere to this code of conduct.



## Code of Conduct for Parents & Carers

While judo primarily has a code of conduct for participants (judoka), parents and caregivers also play an essential role in fostering a positive and respectful environment within the judo community. Here's a code of conduct for parents and caregivers involved in judo:

- **Support and Encouragement:** Encourage and support your child's interest in judo and attend their events when possible.
- **Respect for the Sport:** Understand and respect the values of judo, such as courtesy, integrity, and perseverance.
- **Safety First:** Trust coaches and officials to keep participants safe. Ensure your child has the right safety gear.
- **Respect for Coaches and Officials:** Follow the instructions of coaches and officials without argument.
- **Positive Reinforcement:** Focus on positive feedback and avoid harsh criticism.
- **Conflict Resolution:** Address concerns privately and respectfully with the coach or relevant authority.
- **Fair Play and Sportsmanship:** Teach your child to compete with honour and accept victory and defeat with grace.
- **Respect for Others:** Encourage respect and kindness towards fellow judoka, coaches, and parents.
- **No Pressure:** Avoid pressuring your child to win at all costs. Emphasise growth and enjoyment.
- **Involvement and Volunteerism:** Consider volunteering to support the judo club or organisation.
- **Follow Club and Organizational Rules:** Abide by the rules of the judo club and organisations.
- **Promote Ethics and Values:** Teach and encourage your child to apply the ethical principles of judo both on and off the mat.

By adhering to this code of conduct, parents and caregivers can contribute to creating a respectful, safe, and positive environment for their children and other participants in the world of judo. Additionally, their support and guidance can help judo practitioners develop not only as athletes but also as responsible individuals who embody the principles of the sport.

By signing this form as the parent or guardian of a child under the age of 18, you agree that you will adhere to this code of conduct.



## Consent for Photography

I consent to the use of photographs and videos taken during training sessions, competitions, and events for the promotion and documentation of Loughborough Judo Club. These images may be used on the Club's website, social media, and other promotional materials. Please circle as appropriate.

Yes                    /                    No

## Contact Information

For any questions or concerns, please contact:

- Head Coach: Keith Kendall
- Safeguarding Officer: Alasdair Walker

Thank you for your cooperation and commitment to ensuring a safe and respectful environment at Loughborough Judo Club.

## Agreement

By signing this form, I acknowledge that I have read and understood the form, and the following:

Judo is a contact sport that involves physical exertion and has inherent risks, including the potential for injury or accident. Loughborough Judo Club will take all reasonable steps to minimise these risks. However, the Club cannot be held responsible for any injuries or accidents that occur during training sessions, competitions, or other related activities.

Participant's Signature (if over 18): \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*(if participant is under 18)*